



KACHCON 2023

33rd Annual Conference of Karnataka Association of Community Health



Theme:

Health for All - 75 years of improving Public Health

REPORT

KMC has awarded “Four Hours” of Accreditation for this conference, vide letter no., K.M.C/ C.M.E./ 0161/ 2023, dated 05.07.2023.

Organized by

**Department of Community Medicine,
Kempegowda Institute of Medical Sciences (KIMS),
Bangalore**

**11th & 12th August, 2023
@ Kuvempu Kalakshetra, KIMS Hospital Campus, K.R.Road, Bangalore**

KACHCON 2023

The Department of Community Medicine, Kempegowda Institute of Medical Sciences (KIMS), Bangalore had organized the 33rd Annual Conference of Karnataka Association of Community Health (KACHCON 2023) on 11th & 12th of August, 2023 at Kuvempu Kalakshetra, KIMS Hospital Campus, K. R. Road, V. V. Puram, Bangalore; with the theme “**Health for All - 75 years of improving public health**”.

The theme selected was in line with the WHO marking its 75th anniversary by calling for a renewed drive for health equity. Likewise, India has completed 75 glorious years of Independence “*Azadi ka Amrit Mahotsav*”, it was an opportunity to look back at public health successes that have improved quality of life and steady increase in life expectancy; so as to motivate all for necessary action to tackle health challenges of today and tomorrow.

“KACHCON 2023” was attended by more than 350 delegates across the State and also from neighbouring 5 States. Eminent speakers from WHO, Department of Health and Family Welfare, Government of Karnataka and NGOs delivered dwelt on the topics. The conference provided an inclusive space focused on approaches and guidance to address local and National challenges on health and provide solutions, ultimately bringing people together along the way towards providing *Health for all*.

The registration for the conference was done from 8.00 - 9.00 AM for delegates, speakers and invited guests. All the delegates were received and welcomed to KACHCON 2023



Reception and registration committee members of KACHCON 2023

The details of the scientific programme of KACHCON 2023 is as given below:

Conference - Day 1: Friday, 11th August 2023	
Scientific session - I: Marching towards Health for All	
Chairpersons: Dr. B. J. Mahendra & Dr. Balu P. S	
Global action towards Health for All	Dr. Ananda Giri Shankar Director of Health Protection, Public Health Wales, Cardiff, UK
Ayushman Bharat Digital Health Mission: Powering health through innovation, data and digital technologies	Mr. Kiran Anandam Pillai Advisor - Technology, National Health Authority, India
Health for All: 75 years of Improving Public Health.	Dr. Hilde Rene Susanne De Graeve Team Leader, Health Systems WHO Country Office for India, New Delhi
Scientific session - II: Sri. B. M. Patil Memorial Oration	
Chairpersons: Dr. M. S. Rajanna & Dr. Ajay Kumar G	
Inspiring Selfless Research in Public Health: A Pathway to Meaningful Impact	Dr. Pradeep S Banandur Professor and Head, Department of Epidemiology Centre for Public Health, NIMHANS, Bangalore
10:30 - 11:30 AM	INAUGURAL FUNCTION
Scientific session - III: Universal Health Coverage	
Chairpersons: Dr. N. C. Srinivas Prabhu & Dr. Mahmood Shariff	
COVID -19 Pandemic in Karnataka - 2020 to 2023: A Memoir	Dr. M. K. Sudarshan Chairman, Covid-19 Technical Advisory Committee, Government of Karnataka Ex. Director, Retd. Dean & Principal, Professor of Community Medicine, KIMS, Bangalore
Ayushman Bharath - Arogya Karnataka	Dr. Suresh Shastri Director (Medical), Suvarna Arogya Suraksha Trust, Government of Karnataka
Scientific session - IV: Strengthening efficiency across health programs	
Chairpersons: Dr. V. P. Sudhashree & Dr. Ramakrishna Goud	
Improved Maternal Health Services for Healthier Lives	Dr. Raj Kumar Deputy Director (Maternal Health), Government of Karnataka
Progress of Measles Rubella (MR) Elimination programme in India	Dr. Satish Chandra D Technical Officer, Measles & Rubella, WHO Country Office, India, New Delhi
Implementing NTEP in Karnataka	Dr. Anil S Joint Director & State TB officer, NTEP Government of Karnataka
Scientific session - V: Public health interventions for health promotion	
Chairpersons: Dr. G. Gururaj & Dr. Annarao G Kulkarni	
Decoding alcohol epidemiology for public health interventions	Dr. Girish N Rao Professor, Department of Epidemiology, Centre for Public Health, NIMHANS, Bangalore
Strengthening NCD care continuum in Urban and Rural settings of India	Dr. Swaroop N

	Thematic Lead – Comprehensive Primary Health care and MNCH, Karnataka Health Promotion Trust (KHPT), Bangalore
Scientific session - VI: Disease Intervention through Immunization Chairpersons: Dr. R. P. Pai & Dr. Dayananda M.	
Pneumococcal disease prevention in adult population	Dr. Sandeepa H S Consultant, Interventional Pulmonology, Sagar Hospitals, Bangalore

Conference - Day 2 Saturday, 12 th August 2023	
Scientific session VII: Scientific Paper Presentations: Oral-Faculty (parallel session) (1-15)	
Scientific session VIII: Scientific Paper Presentations: Oral -Faculty (parallel session) (16-30)	
Scientific session IX: Scientific Paper Presentations: KACH Millennium - Oral : PG (31-36)	
Scientific session X: Scientific Paper Presentations: Oral-PG (parallel session) (37-48)	
Scientific session XI: Scientific Paper Presentations: Oral-PG (parallel session) (49-60)	
Scientific session XII: Scientific Paper Presentations: Oral-PG (parallel session) (61-73)	
Scientific session XIII: Scientific Paper Presentations: Oral- Interns & students (74-82)	
Scientific session – XIV: Scientific Paper Presentations: Poster- Staff (Parallel sessions) (1-8)	
Scientific session XV: Scientific Paper Presentations: Poster-PG (Parallel sessions) (9-23)	
Scientific session – XVI: Scientific Paper Presentations: Poster-PG (24-38)	
Scientific session XVII: Anemia Mukht Bharat: Combating Iron Deficiency for a Healthy Nation Chairpersons: Dr. S.P Surya Narayana & Dr. Riyaz Basha	
Combating Anemia: The Roadmap to Achieve Anemia Mukht Bharat	Dr. Thejas Achary NCEAR-A, AIIMS, New Delhi
Academic Institute Engagement in Public Health Nutrition	Dr. Vaman Kulkarni Assistant Professor, Department of Community Medicine, AIIMS, Bibinagar, Telangana
Research Priorities of Anemia – Karnataka and Beyond	Dr. Archana S Assistant Professor, Department of Community Medicine, SJMC, Bangalore
Scientific session XVIII: Improving Public Health Chairpersons: Dr. B. G. Parasuramalu & Dr. D. H. Ashwath Narayana	
Tribal Health: A Comprehensive Review of Challenges, Progress, and the Way Forward	Dr. M R Seetharam President, Swamy Vivekananda Youth Movement, Mysore, Karnataka
National Rabies Control Programme: National Action Plan for Rabies Elimination (NAPRE)	Dr. Ravish H S Professor of Community Medicine, KIMS, Bangalore; Secretary General - APCRI
Allergic Disorders and its management: An emerging public health concern.	Dr. Giriyantha Gowda Professor of Community Medicine, KIMS, Bangalore
<i>Valedictory Function</i>	

Scientific session I: Marching towards Health for All

The conference started at 9.00 am with 1st session “*Marching towards Health for All*”, where the speakers discussed on actions providing health for all with the help of innovation and using appropriate technologies with the Global, National and the local perspectives.



Dr. Ananda Giri Shankar speaking on Global action towards health for all



Mr. Kiran Anandam Pillai speaking on Powering health through AB-DHM



Dr. Hilde Rene Susan De Graeve, Team leader, Health Systems, WHO Country Office, New Dehi Speaking on Health for All: 75 years of Improving public Health



Dr Ananda Giri Shankar, discussed regarding “Global action towards Health for All” and the role to be played by public health specialists to work towards the goal. Mr. Kiran Anandam Pillai spoke on Ayushman Bharat Digital Health Mission. Dr. Hilde Rene Susan De Graeve, spoke on the theme, Health for All: 75 years of Improving Public Health.

Inaugural programme

The Inaugural programme of KACHCON 2023 started at 10.30 am. The organising Chairperson Dr. D.H. Ashwath Narayana welcomed all the dignitaries and the participants to KACHCON 2023.

The Chief Guest Dr. Pratima Murthy, Director, NIMHANS, Bangalore inaugurated the conference and told that, the world has experienced public health challenges that have required all of us to come together with Science, Solutions and Solidarity and wished the conference a great success in providing public health solutions for the humankind.

The Guests of Honour who graced the programme were *Dr. Hilde Rene Susan De Graeve, Team leader, Health Systems, WHO Country Office, Dr. N. Ramakrishna Reddy, Registrar (Evaluation), RGUHS, Karnataka, Dr. Narayana Swamy, Chairman, Governing Council, KIMS, Sri. N. Balakrishna, Chairman, KIMS Hospital, Dr. C. Shivaram, Founder President, KACH & Retd. Dean and Principal, MSRMC, Bangalore, Dr. M. K. Sudarshan, Founder Secretary, KACH & Ex-Director, Retd. Dean and Principal, KIMS, Bangalore, Dr. J. Ramachandra, Dean and Principal, KIMS, Bangalore, Dr. M. Dayananda, President, KACH & Ex. DDME, Dr. Girish N. Rao, President Elect, KACH & Professor of Epidemiology, NIMHANS and Dr. T. S. Ranganath, Secretary, KACH & Professor and Head, Department of Community Medicine, BMCRI, Bangalore.*



Inauguration of the conference by lighting of lamp by the chief guest and guests of honour



KACHCON 2023 Souvenir release by Dr. N. Ramakrishna Reddy, Registrar (Evaluation), RGUHS, Karnataka and Dr. V. Narayan Swamy, Chairman of RVS



The souvenir release was followed by the release of the handbook on “Harm to others from alcohol use: The Indian landscape” authored by Dr. Girish N Rao and Dr. Nandish S. K. Dr. V. Narayana Swamy, Chairman, Governing Council, KIMS, welcomed all the delegates to KIMS and told that “Health for all” is possible mainly through Primary health care, which makes affordable and acceptable health provisions at the doorstep of people and forms an integral part of the country's health system.



Release of the the handbook on “Harm to others from alcohol use: The Indian landscape”

The following eminent community health personnel were honoured with various awards.

1. Sri. B.M. Patil Oration:

Dr. Pradeep S Banandur, Professor and Head, Department of Epidemiology
Centre for Public Health, NIMHANS, Bangalore

2. Best Community health Professional:

Dr. SS Yarnal, Professor & Head, Al-Ameen Medical College Bijapura

3. Silver Jubilee award for Community Health Practitioner:

Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA),
Swami Vivekananda Road, J.Bingipura, Bengaluru – 560105

4. Prolific Community Health Literature Award:

Dr. Vasundhara Bhupathi, Basaveshwaranagar, Bangalore 560079

5. Sachin P Menon Award:

Ms Shambhavi Kulkarni,
Kempegowda Institute of Medical Sciences, Bangalore

6. Young Scientist Award:

Dr. Ramesh Holla, Associate Professor of Community Medicine, K M C, Mangalore

Dr. Deepthi R, Associate Professor of Community Medicine, ESICMC, Bangalore

7. KACH Community Champions 2023:

- **Dr. Jagadish**, DHO Kolar
- **Dr. Krishnamurthy J**, Dean; Faculty of Life & Health Sciences, MS Ramaiah University, Bangalore
- **Dr. Arunkumar D P**, Deputy Director (E-Health), Arogya Soudha, Magadi Road, Bengaluru



Dr. Pradeep S. Banandur receiving Sri. BM Patil Oration Award



Dr. R. Nagarathna receiving Silver Jubilee Award: Community Health Practitioner



Dr. Vasundhara Bhupathi receiving Community Health Literature Award



Best Community Health Professional on behalf of Dr. Srikanth S. Yarnal



Dr. Jagadish M. receiving Community Champion Award



Dr. Krishna Murthy J. receiving Community Champion Award



Dr. Arun Kumar D. P. receiving Community Champion Award



Dr. Ramesh Holla receiving Young Scientist Award



Dr. Deepthi R. receiving Young Scientist Award



Ms. Shambhavi Kulkarni receiving Sachin P Menon Award

Session II: Sri B. M. Patil Memorial Oration



Dr. Pradeep S. Banandur, Professor and Head, Dept of Epidemiology, Center of Public Health, NIMHANS, Bangalore delivered the oration on “Inspiring selfless research in public Health: A pathway to meaningful impact”

Scientific session III: Universal Health Coverage



Dr. M. K. Sudarshan
Chairman,
COVID 19, Technical Advisory Committee



Dr. Suresh Shastri
Director, Suvarna Arogya Suraksha Trust,
Government of Karnataka

Dr. M. K. Sudarshan explained regarding COVID-19 Pandemic and its control in Karnataka - 2020 to 2023. Dr. Suresh Shastri explained regarding implementation of Universal Health Coverage: Ayushman Bharath - Arogya Karnataka.



Chairpersons Dr. N.C. Srinivas Prabhu and Dr. Mahamood Shariff distributing certificates to the speaker Dr. M.K. Sudarshan

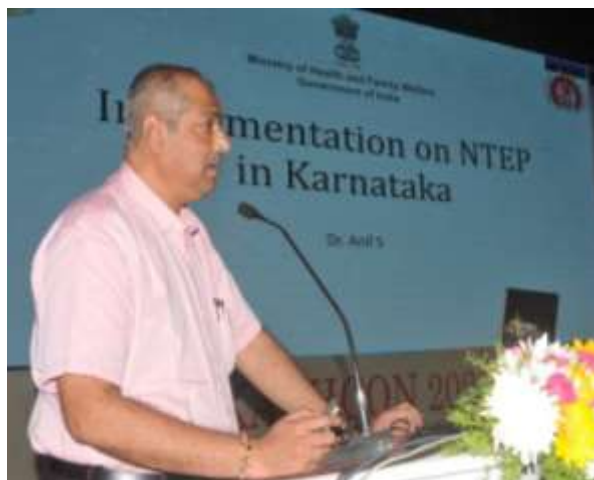
Scientific session IV: Strengthening efficiency across health programmes



Dr. Raj Kumar speaking on Improved Maternal Health Services



Dr. Satish Chandra D. speaking on Progress of MR Elimination in India



Dr Anil S. speaking on Implimenting NTEP in Karnataka



Chairpersons for the session contributing on strengthening of Health programmes

Dr. Raj Kumar discussed about the strategies for improved Maternal Health Services in the country and the state for healthier lives.

Dr. Satish Chandra D., spoke on the strengthening of immunization towards progress of Measles and Rubella elimination. The speaker also mentioned about the public health measures including MR campaigns, special immunization weeks and road map plan for MR elimination.

Dr. Anil S. spoke about the implementation of NTEP across the state with the objective of Universal access and to work towards the end of TB by 2025. He also discussed regarding the importance of multi-sectoral coordination and community participation for Kshaya Mukta Karnataka.

Scientific session V: Public Health interventions for Health Promotion



**Dr. Girish N. Rao, Professor of Epidemiology
NIMHANS, Bangalore**



**Dr. Swaroop N., Thematic Lead,
Comprehensive PHC & MNCH, KHPT**

Dr. Girish N. Rao explained the decoding of alcohol epidemiology for public health interventions and the results from National Mental Health Survey focus on usage of alcohol.

Dr. Swaroop N. spoke on Strengthening NCD care continuum in rural and urban settings of India and talked about the Grama Arogya initiative taken by Government of Karnataka which is the decentralised last mile access to care and community participation in health.



**Chairpersons of the session Dr. G. Gururaj and Dr. Annarao G Kulkarni
distributing certificate to the speaker Dr. Girish N**

Scientific session VI: Disease intervention through Immunization



Dr. Sandeep H. S., Spoke on the pneumococcal disease prevention in adult population, he discussed regarding the CDC recommendation of pneumococcal vaccination in the vulnerable age group and also focussed on catch-up vaccination and talked about the importance of shared decision making between the individual and the health care provider.

Scientific session VII: Scientific Paper Presentations: Oral & Poster



The Scientific paper presentation was conducted on 12th Aug., 2023 for faculties, post-graduate students and undergraduate student in separate halls as parallel sessions.

There were 82 oral presentations and 40 poster presentations presented in different halls chaired by senior academicians in Community Medicine and the best papers were given the certificate of appreciation for each hall.

PRIZES		Awardees	Institute
Faculty -Oral			
F 1	1 st	Dr. Shweta Neminath Kurkuri	JSS, Mysuru
	2 nd	Dr. Vinod K Ramani	HCG, Bengaluru
Faculty -Oral (B -Block)			
F 2	1 st	Dr. Sudharani M	BMC, Chitradurga
	2 nd	Dr. Ramya K S	SMC, Tumkur
PG	KACH Millenium Award		
	1 st	Dr. Divyarajan Vinitha Kiruffi	KIMS, Bengaluru
	2 nd	Dr. Chaithra S	BMCRI, Bengaluru
PG	Free papers		
PG-I	1 st	Dr. Annaram Ravali	JSS, Mysuru
	2 nd	Dr. Aaheli Roy	NIMHANS, Bengaluru
PG-II	1 st	Dr. Indu M	ESIC, Bengaluru
	2 nd	Dr. Sreeshyam K S	GIMS, Kalburgi
PG-III	1 st	Dr. Manukrishnan	ESIC, Bengaluru
	2 nd	Dr. Rakesh M	JSS, Mysuru
KACH Millenium Award--UG			
UG	1 ST	Neha Joe	St John's MC, Bangalore
	2 nd	Dr.Pranav A	KIMS, Bangalore
Faculty - Poster			
	1 st	Dr. Rohith Motappa	KMC, Manipal
	2 nd	Dr. Rana Sarvar	ESIC, Bengaluru
Postgraduate -Poster			
PG-P-I	1 st	Dr. Vishnu Jayarajan	BMCRI, Bengaluru
	2 nd	Dr. Aparna S Nair	ESIC, Bengaluru
PG-P-II	1 st	Dr. Pooja Mary Vaishali L.	Savetha MC, Chennai
	2 nd	Dr. Sasitharan Muthusamy	JNMC, Belgaum

Scientific session IX: Public health interventions



Dr. Tejas Achary speaking on Roadmap to achieve Anaemia Mukht Bharat



Dr. Vaman Kulkarni speaking on Institutes role in public nutrition



Dr. Archana S. speaking on Research priorities in Anaemia



Chairpersons distributing certificates to the speakers

The Plenary session on Anaemia Mukht Bharat: Combating Iron Deficiency anaemia for a Healthy nation with a focus on improving public health for all with the broader goal of “Health for All: 75 years of improving Public Health”.

Dr. Tejas Acharya, spoke on combating Anaemia which is a significant public health problem in the country and also explained the roadmap towards achieving Anaemia Mukht Bharat.

Dr. Vaman Kulkarni, discussed regarding the engagement of Academic Institutes in Public Health Nutrition to combat Iron Deficiency anaemia.

Dr. S. Archana, explained the research priorities in the prevention of anaemia and also the prevention of anaemia in Karnataka and beyond.

Scientific session X: Improving Public health



Dr. M. R. Seetharam speaking on Tribal Health challenges and way forward



Dr. Giriyananna Gowda speaking on Allergic disorders and its management



Dr. Ravish. H. S. speaking on NRCP – NAPRE, Government of India



Chairpersons for the session providing their expert comments

Dr. M. R. Seetharam told that, there were commendable efforts to address tribal health in the entire country. The speaker also explained regarding the growing recognition of preserving and integrating traditional healing practices into the mainstream health care system to provide culturally acceptable health care through community participation.

Dr. Ravish. H. S., spoke on the importance of National Rabies Control Programme by NCDC, Government of India in marching towards rabies elimination by 2030 and also explained the National Action Plan for Rabies Elimination implementation in the Country.

Dr. Giriyantha Gowda explained the need for managing allergy which is a significant public health problem and the available services to manage viz. pharmacotherapy and immunotherapy at the allergy clinic of KIMS.

All the scientific sessions focussed on “Health for All” by improving public health through various interventions such as health promotion, specific protection through immunization, nutritional supplementation and strengthening efficiency across health programmes by universal health coverage using appropriate technologies and progress towards elimination of diseases to build a healthier future.

The programme concluded with Valedictory function and announcement of the next KACHCON at J.S.S. Medical College, Mysore. All the people who had worked for KACHCON 2023 were appreciated for their efforts towards grand success of the conference.



Dr. Anwith. H. S. Welcoming the Delegates for valedictory programme



The Organizing Team being felicitated by the KACH office bearers



Felicitating the organising team in appreciation for their organised team effort.



Dr. D Vinita Kiruffi receiving the KACH Millenium award



Delegates, speakers and invited guests at KACHCON 2023



Organising Team of Kempegowda Institute of Medical Sciences (KIMS), Bangalore



KACHCON 2023

Delegates list

<p>Aarupadai Veedu Medical College, Puducherry</p> <p>Dr. C. Rajan Rushender Dr. Adheedhan S. V. Dr. A. M. Arun Vineeth Dr. Karthick Kannan</p> <p>ACSR Government Medical College, Nellore.</p> <p>Dr. Baby Shalini S. Dr. Bolisetty Rakesh</p> <p>Adichunchanagiri Institute of Medical Sciences, Bellur</p> <p>Dr. Radha R. Dr. Krishnaveni Y. S.</p> <p>Apollo Institute of Medical Sciences and Research, Hyderabad</p> <p>Dr. Vishwanath Goud</p> <p>Bangalore Medical College and Research Institute, Bengaluru</p> <p>Dr. Ranganath T. S. Dr. Riyaz Basha S. Dr. Selvi Thangaraj Dr. Jyothi Jadhav Dr. Hamsa Lokanath Dr. Saraswathi S. Dr. Ravish K. S. Dr. Nazeer Dhaheera Dheeshan Dr. Geethu S. Dr. Nasreen P. M. Dr. Anjali Dr. Anu Priya Mathew C. Dr. Arunkumar V. Dr. Basavalingayya Dr. Chaithra S. Dr. Indu Dinesh Dr. Jai Krishna M. G. Dr. K. Md Shoyaib Dr. Lakshmikanth N. Dr. N. G. Pradeep Kumar Dr. P. Jayaraj Dr. Raksha R. Nayak Dr. Sahanashree G. Dr. Sini R. Krishnan</p>	<p>Dr. Sushma Shekar C. Dr. Vilas Revanappa Bhagavati Dr. Vinaykumar Ganesh Hegde Dr. Vishnu Jayarajan Mr. Kushal Kumar N. Ms. Anjali V. Vuttanur</p> <p>Basaveshwara Medical College and Hospital, Chitradurga</p> <p>Dr. Balu P. S. Dr. Ramya V. Dr. Sudharani M. Dr. Rashmi B. M. Dr. Amrutha A. M. Dr. Pavithra R. Dr. Sindhu B. M. Dr. Bhagyalaxmi Sidenur</p> <p>BGS Global Institute of Medical Sciences, Bengaluru</p> <p>Dr. Jayashree S. Seeri Dr. Shruthi M. N. Dr. Ashwini G. S. Dr. Zeen Lasvy Oliveira Dr. Shailaja Patil</p> <p>Chamarajanagar Institute of Medical Sciences, Chamarajanagar</p> <p>Dr. Aryan M. G. Dr. Sneha Sri G. R. Dr. Vinay Kumar K.</p> <p>Dr. B. R. Ambedkar Medical College, Bengaluru</p> <p>Dr. S. P. Suryanarayana</p> <p>Dr. Chandramma Dayanand Sagar Institute of Medical Education & Research, Bengaluru</p> <p>Dr. Anand D. Meundi Dr. Brunda N. K. Dr. Priyadarisini N. J.</p>
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ESIC Medical College, Bengaluru

Dr. Anil N. S.
Dr. Aparna S. Nair
Dr. Bhalangki Kupar
Kharmawphlang
Dr. Chandana H.
Dr. Deepthi R.
Dr. Indu M.
Dr. Nandhini R.
Dr. Manukrishnan
Dr. Rana Sarvar
Dr. Suresh Keshav Kumbhar
Dr. Sushilkumar S. Katakdhond

**Government Medical College,
Nizamabad, Telangana**

Dr. D. Sandeep Reddy

**Gulbarga Institute of Medical Sciences,
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Dr. Meenakshi M. Dhadave
Dr. Dayalaxmi T. Shedole
Dr. Ramesh Hanumanthappa
Dr. Pavan Kalasker
Dr. Manjunatha Vittala Kaligouda
Dr. Sangita S.
Dr. Sreeshyam K. S.
Dr. Srikaviya R.
Dr. Sunaina Panigrahi
Dr. Swapna Somraj

**Hassan Institute of Medical Sciences,
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**Indira Gandhi Institute of Child Health,
Bengaluru**

Dr. Uttam M.

**Jagadguru Jayadeva Murugarajendra
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**Jawaharlal Nehru Medical College,
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**Jagadguru Sri Shivarathreeshwara
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**Karnataka Institute of Medical Sciences,
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Mr. Somashekar
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Dr. Aishwarya V Gopal
Dr. Neha Annet Joy
Dr. Rakshith Shekar
Dr. Soppimath Anusha
Dr. Vishnu C S

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Dr. Suvarna Madhukumar
Dr. Madhusudan M
Dr. Mythri J P
Dr. P Amritha Krishna

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Mandya**

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